

CNBA -Challenge 400m -M3 -Groupes Perfectionement-  
Molenbeek, 30-4-2022

Event 1 Men, 400m Freestyle 7 years and older  
30-4-22 Results

Points: FINA 2021

| Rank                 |                            | YB |      | Time            | Pts |
|----------------------|----------------------------|----|------|-----------------|-----|
| <b>10 years</b>      |                            |    |      |                 |     |
| 1.                   | BOUSMAR, Leonard           | 12 | CNBA | <b>9:20.08</b>  | 60  |
| 2.                   | EL HAFFAD, Adam            | 12 | CNBA | <b>9:26.05</b>  | 58  |
| 3.                   | VAN HAESEBROUCK, Thibaut   | 12 | CNBA | <b>9:35.39</b>  | 55  |
| 4.                   | OULADE EL GHOUGH, Adbeslam | 12 | CNBA | <b>9:53.34</b>  | 51  |
| 5.                   | MARMITTE, Ylan             | 12 | CNBA | <b>11:10.27</b> | 35  |
| 6.                   | BEN AHMED, Nahel           | 12 | CNBA | <b>13:35.96</b> | 19  |
| <b>11 - 12 years</b> |                            |    |      |                 |     |
| 1.                   | THOMAS, Nathan             | 11 | CNBA | <b>8:49.32</b>  | 71  |
| 2.                   | MHAMED ALAOU, Ali          | 11 | CNBA | <b>9:16.07</b>  | 61  |
| 3.                   | BEN AHMED, Yanis           | 10 | CNBA | <b>9:24.09</b>  | 59  |
| 4.                   | HARCKMANS, Alex            | 11 | CNBA | <b>9:40.12</b>  | 54  |
| 5.                   | SHINKORENKO, Victor        | 10 | CNBA | <b>10:02.69</b> | 48  |
| 6.                   | KARRA, Malek               | 11 | CNBA | <b>10:29.35</b> | 42  |
| 7.                   | VAN PEYVENAEYGE, Nicolas   | 10 | CNBA | <b>11:30.11</b> | 32  |
| 8.                   | BEN ADBELHADI, Zakaria     | 11 | CNBA | <b>11:33.45</b> | 31  |
| 9.                   | VERTOMMEN, Iman            | 10 | CNBA | <b>12:33.06</b> | 24  |
| <b>13 - 14 years</b> |                            |    |      |                 |     |
| 1.                   | JAMAL, Samy                | 09 | CNBA | <b>7:13.12</b>  | 131 |
| 2.                   | CORDIER, Sean              | 08 | CNBA | <b>7:57.67</b>  | 97  |
| 3.                   | DEVOS, Benjamin            | 09 | CNBA | <b>8:07.02</b>  | 92  |
| 4.                   | RENDERS, Louis             | 09 | CNBA | <b>8:08.38</b>  | 91  |
| 5.                   | REVONDIAN, Alan            | 08 | CNBA | <b>8:14.22</b>  | 88  |
| 6.                   | GIRALDO, Mathis            | 09 | CNBA | <b>9:19.82</b>  | 60  |
| 7.                   | TBEZ, Sami                 | 09 | CNBA | <b>9:28.14</b>  | 58  |
| 8.                   | TUCCINARDI, Stefan         | 08 | CNBA | <b>10:38.97</b> | 40  |
| 9.                   | AL NAJJAR, Rimmas          | 08 | CNBA | <b>12:38.85</b> | 24  |
| <b>15 - 16 years</b> |                            |    |      |                 |     |
| 1.                   | URBAIN, Thomas             | 06 | CNBA | <b>7:18.51</b>  | 126 |
| 2.                   | FLORENT, Sebastien         | 07 | CNBA | <b>7:39.92</b>  | 109 |
| 3.                   | JEUNECHAMPS, Pierre        | 07 | CNBA | <b>7:48.50</b>  | 103 |
| 4.                   | NASSIRI, Adam              | 06 | CNBA | <b>8:20.83</b>  | 84  |
| 5.                   | ROUSSEAU, Nathan           | 07 | CNBA | <b>8:44.43</b>  | 73  |
| 6.                   | MBULU AZANGA, Prince       | 07 | CNBA | <b>8:48.28</b>  | 72  |
| 7.                   | DETRY, Matheo              | 06 | CNBA | <b>8:48.60</b>  | 72  |
| 8.                   | BEUTHE, Andrei             | 06 | CNBA | <b>8:54.00</b>  | 69  |
| 9.                   | BEN YACOUB, Rayan          | 07 | CNBA | <b>9:30.95</b>  | 57  |
| 10.                  | BENNABI, Loucas            | 06 | CNBA | <b>11:18.15</b> | 34  |
| 11.                  | KADDOURI, Yasser           | 06 | CNBA | <b>13:01.54</b> | 22  |
| <b>17 - 18 years</b> |                            |    |      |                 |     |
| 1.                   | ASLYAH, Adil               | 05 | CNBA | <b>6:42.00</b>  | 164 |
| 2.                   | BOUANANE, Islam            | 05 | CNBA | <b>6:53.13</b>  | 151 |
| 3.                   | CHAARA, Zaki               | 04 | CNBA | <b>7:57.00</b>  | 98  |
| 4.                   | LEBBATE, Achraf            | 05 | CNBA | <b>8:33.00</b>  | 78  |
| 5.                   | TRUONG, Vu Anhtu           | 05 | CNBA | <b>8:40.00</b>  | 75  |
| 6.                   | VAN DEN EYNDE, Theo        | 04 | CNBA | <b>8:51.00</b>  | 71  |
| 7.                   | AIT SAID, Zaky             | 04 | CNBA | <b>8:54.00</b>  | 69  |

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Event 1, Boys, 400m Freestyle, 17 - 18 years

| Rank |                          | YB |      | Time            | Pts |
|------|--------------------------|----|------|-----------------|-----|
| 8.   | VANDENMUISENBERG, Emilie | 05 | CNBA | <b>10:05.00</b> | 48  |

26 - 40 years

|    |                |    |      |                 |    |
|----|----------------|----|------|-----------------|----|
| 1. | DENON, Laurent | 83 | CNBA | <b>10:02.11</b> | 48 |
|----|----------------|----|------|-----------------|----|

CNBA -Challenge 400m -M3 -Groupes Perfectionement-  
Molenbeek, 30-4-2022

Event 2  
30-4-22

Women, 400m Freestyle

7 years and older  
Results

Points: FINA 2021

| Rank                 |                          | YB |      | Time            | Pts |
|----------------------|--------------------------|----|------|-----------------|-----|
| <b>9 years</b>       |                          |    |      |                 |     |
| 1.                   | EL YABOURI, Zayneb       | 13 | CNBA | <b>12:23.87</b> | 32  |
| <b>10 years</b>      |                          |    |      |                 |     |
| 1.                   | SALAZAR, Brenda          | 12 | CNBA | <b>8:26.06</b>  | 102 |
| 2.                   | MOTTIAUX, Amelia         | 12 | CNBA | <b>10:59.64</b> | 46  |
| 3.                   | MASBAH, Nisrine          | 12 | CNBA | <b>12:15.70</b> | 33  |
| <b>11 - 12 years</b> |                          |    |      |                 |     |
| 1.                   | PAULY, Lisa              | 10 | CNBA | <b>7:21.40</b>  | 153 |
| 2.                   | LENTINI, Elea            | 10 | CNBA | <b>8:14.34</b>  | 109 |
| 3.                   | WILLEM, Romane           | 10 | CNBA | <b>8:56.31</b>  | 85  |
| 4.                   | HRYNKOW, Nathalia        | 10 | CNBA | <b>9:50.03</b>  | 64  |
| 5.                   | DERVILLE, Valentine      | 11 | CNBA | <b>10:14.95</b> | 56  |
| 6.                   | BENTABET, Rania          | 11 | CNBA | <b>10:24.34</b> | 54  |
| 7.                   | USTUN, Julide            | 11 | CNBA | <b>10:28.64</b> | 53  |
| 8.                   | COLLINS, Rebecca         | 11 | CNBA | <b>10:30.11</b> | 52  |
| 9.                   | MESSAOUDI, Inaya         | 11 | CNBA | <b>10:32.42</b> | 52  |
| 10.                  | PROTTI, Kalina           | 10 | CNBA | <b>10:52.44</b> | 47  |
| 11.                  | NHARI, Ranya             | 10 | CNBA | <b>11:13.97</b> | 43  |
| 12.                  | LABROUL, Rania           | 11 | CNBA | <b>11:29.22</b> | 40  |
| 13.                  | ABERKOUS, Ines           | 10 | CNBA | <b>12:19.22</b> | 32  |
| 14.                  | EL MEDHOUN, Mona         | 11 | CNBA | <b>14:29.47</b> | 20  |
| <b>13 - 14 years</b> |                          |    |      |                 |     |
| 1.                   | DROZD, Andreea           | 08 | CNBA | <b>7:14.98</b>  | 160 |
| 2.                   | VAN DEN EYNDE, Camille   | 09 | CNBA | <b>8:22.38</b>  | 104 |
| 3.                   | JOUINI, Shahda           | 09 | CNBA | <b>9:13.50</b>  | 77  |
| 4.                   | LEMOINE, Lea             | 08 | CNBA | <b>9:19.24</b>  | 75  |
| 5.                   | DE BAST, Ilya            | 08 | CNBA | <b>9:34.42</b>  | 69  |
| 6.                   | NIKENAS, Effi            | 09 | CNBA | <b>9:37.81</b>  | 68  |
| 7.                   | VAN HAESBROUCK, Lila     | 09 | CNBA | <b>9:48.05</b>  | 65  |
| 8.                   | DOUDOUH, Firdaws         | 08 | CNBA | <b>10:45.28</b> | 49  |
| 9.                   | THOMAS, Eloise           | 09 | CNBA | <b>11:12.45</b> | 43  |
| 10.                  | STRAISTA, Valeria        | 08 | CNBA | <b>12:07.62</b> | 34  |
| <b>15 - 16 years</b> |                          |    |      |                 |     |
| 1.                   | DEVOS, Flora             | 06 | CNBA | <b>8:18.77</b>  | 106 |
| 2.                   | CEROLI, Marina           | 06 | CNBA | <b>8:22.00</b>  | 104 |
| 3.                   | BASCOUR, Manon           | 07 | CNBA | <b>8:22.40</b>  | 104 |
| 4.                   | BOURLEAU, Sara           | 07 | CNBA | <b>8:52.01</b>  | 87  |
| 5.                   | GAVRUSENCO, Vlada        | 06 | CNBA | <b>9:05.98</b>  | 81  |
| 6.                   | GIRNU, Emilia            | 07 | CNBA | <b>10:30.80</b> | 52  |
| 7.                   | VAN NIEUWENHOVE, Yasmine | 07 | CNBA | <b>12:33.94</b> | 30  |
| 8.                   | ZHAR IDRISI, Zineb       | 07 | CNBA | <b>13:33.54</b> | 24  |
| <b>17 - 18 years</b> |                          |    |      |                 |     |
| 1.                   | TOUIJAR, Meysene         | 04 | CNBA | <b>9:04.00</b>  | 82  |
| 2.                   | CHATOUJ, Aya             | 05 | CNBA | <b>9:20.00</b>  | 75  |

CNBA -Challenge 400m -M3 -Groupes Perfectionement-  
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Event 2, Women, 400m Freestyle

26 - 40 years

|                      |    |      |                 |    |
|----------------------|----|------|-----------------|----|
| 1. BOEYKENS, Coralie | 83 | CNBA | <b>9:21.26</b>  | 74 |
| 2. D'HOIR, Cecile    | 83 | CNBA | <b>10:21.58</b> | 55 |

41 - 60 years

|                        |    |      |                 |    |
|------------------------|----|------|-----------------|----|
| 1. TANT, Laure         | 75 | CNBA | <b>10:00.29</b> | 61 |
| 2. RODRIGUEZ, Estrella | 68 | CNBA | <b>14:18.85</b> | 20 |

61 years and older

|                     |    |      |                 |    |
|---------------------|----|------|-----------------|----|
| 1. DERYCKERE, Anouk | 59 | CNBA | <b>12:02.85</b> | 35 |
|---------------------|----|------|-----------------|----|

CNBA -Challenge 400m -M3 -Groupes Competition-  
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Event 1 Men, 400m Freestyle 7 years and older  
30-4-22 Results

Points: FINA 2021

| Rank                 |                                     | YB |      | Time           | Pts |
|----------------------|-------------------------------------|----|------|----------------|-----|
| <b>9 years</b>       |                                     |    |      |                |     |
| 1.                   | VAN DEN DOOREN, Ambroise            | 13 | CNBA | <b>7:29.10</b> | 117 |
| 2.                   | GOOSSENS, Enzo                      | 13 | CNBA | <b>7:43.37</b> | 107 |
| <b>10 years</b>      |                                     |    |      |                |     |
| 1.                   | VANDORMAEL, Noam                    | 12 | CNBA | <b>7:19.04</b> | 125 |
| <b>11 - 12 years</b> |                                     |    |      |                |     |
| 1.                   | BEN SI ALI, Adam                    | 10 | CNBA | <b>6:21.00</b> | 192 |
| 2.                   | AROKIUM, Luca                       | 10 | CNBA | <b>6:32.00</b> | 176 |
| 3.                   | TAZMI, Ilias                        | 11 | CNBA | <b>6:33.00</b> | 175 |
| 4.                   | CHAOUB, Bassam                      | 10 | CNBA | <b>6:42.00</b> | 164 |
| 5.                   | FAKIHI HAUDI, Wail                  | 10 | CNBA | <b>6:49.00</b> | 155 |
| 6.                   | ZEKRI, Mohamed                      | 10 | CNBA | <b>6:56.00</b> | 148 |
| 7.                   | DOLYAN, Daniel                      | 10 | CNBA | <b>7:10.00</b> | 134 |
| 8.                   | VAN SLYCKE, Max                     | 11 | CNBA | <b>7:27.93</b> | 118 |
| 9.                   | AFALLAH, Houdhayfa                  | 11 | CNBA | <b>7:46.50</b> | 104 |
| 10.                  | DERYCKE, Nicola                     | 11 | CNBA | <b>7:54.22</b> | 99  |
| 11.                  | AHKIM, Ilyas                        | 11 | CNBA | <b>8:43.89</b> | 74  |
| 12.                  | NMIECH, Moad                        | 11 | CNBA | <b>9:39.30</b> | 54  |
| <b>13 - 14 years</b> |                                     |    |      |                |     |
| 1.                   | PELLE, Luca-Alexandru               | 09 | CNBA | <b>4:52.00</b> | 428 |
| 2.                   | CUNI, Alviero                       | 09 | CNBA | <b>4:55.00</b> | 415 |
| 3.                   | MUFFKE, Janto                       | 09 | CNBA | <b>5:11.00</b> | 354 |
| 4.                   | BOUKHRISS LE TEXIER, Emin           | 08 | CNBA | <b>5:15.00</b> | 340 |
| 5.                   | EL HMAM, Adam                       | 08 | CNBA | <b>5:51.00</b> | 246 |
| <b>17 - 18 years</b> |                                     |    |      |                |     |
| 1.                   | DA CONCEICAO SOUSA, Luis - Gabrie05 |    | CNBA | <b>4:58.54</b> | 400 |
| 2.                   | TOPBAG, Sami                        | 05 | CNBA | <b>5:02.86</b> | 383 |
| 3.                   | BAKHAT HABIBI, Nouhail              | 04 | CNBA | <b>6:06.10</b> | 217 |
| <b>19 - 25 years</b> |                                     |    |      |                |     |
| 1.                   | EL GHAZILI, Tijani                  | 00 | CNBA | <b>5:21.15</b> | 321 |

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Event 2 Women, 400m Freestyle 7 years and older  
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| Rank               |                            | YB |      | Time           | Pts |
|--------------------|----------------------------|----|------|----------------|-----|
| 11 - 12 years      |                            |    |      |                |     |
| 1.                 | MERCIER, Sophie            | 10 | CNBA | <b>5:37.00</b> | 345 |
| 2.                 | EL AFIA, Salma             | 10 | CNBA | <b>6:04.00</b> | 274 |
| 3.                 | EL OUADRHIRI, Sara         | 10 | CNBA | <b>6:58.00</b> | 181 |
| 4.                 | BESRI-MEDYOUNI, Shems-Doha | 10 | CNBA | <b>7:04.00</b> | 173 |
| 13 - 14 years      |                            |    |      |                |     |
| 1.                 | ABDELMOUMEN, Nisrine       | 09 | CNBA | <b>5:12.00</b> | 435 |
| 2.                 | HARTITI, Maissane          | 08 | CNBA | <b>5:21.00</b> | 399 |
| 3.                 | OUJAA, Aicha               | 08 | CNBA | <b>5:49.00</b> | 311 |
| 4.                 | PIT, Ilaria Anamaria       | 09 | CNBA | <b>5:54.00</b> | 298 |
| 5.                 | EL GHAZILI, Amana          | 08 | CNBA | <b>5:59.00</b> | 285 |
| 6.                 | FTOH, Sheryne              | 08 | CNBA | <b>6:17.00</b> | 246 |
| 15 - 16 years      |                            |    |      |                |     |
| 1.                 | TUCCINARDI, Nastasja       | 06 | CNBA | <b>5:01.76</b> | 481 |
| 2.                 | MERCIER, Eva               | 07 | CNBA | <b>5:08.98</b> | 448 |
| 3.                 | MADANI, Rania              | 07 | CNBA | <b>5:21.38</b> | 398 |
| 4.                 | HILAL CZARNECKA, Zhuraya   | 07 | CNBA | <b>5:37.57</b> | 343 |
| 17 - 18 years      |                            |    |      |                |     |
| 1.                 | EL GHAZILI, Maissaa        | 05 | CNBA | <b>5:33.25</b> | 357 |
| 61 years and older |                            |    |      |                |     |
| 1.                 | WALLAERT, Magda            | 60 | CNBA | <b>7:32.70</b> | 142 |